

10 THINGS PARENTS NEED TO KNOW ABOUT INVISALIGN TEEN



1. WHAT IS INVISALIGN TEEN?

Invisalign Teen is the virtually invisible way to straighten your teen's teeth without the restrictions that come with metal braces. Rather than wires and brackets, Invisalign® uses a series of clear, removable aligners that have been custom-made for your teen's teeth. Your teen simply wears them over their teeth and changes them out for a new set of aligners every two weeks. Little by little, your teen's teeth gradually shift into place, achieving that confident smile.

2. IS INVISALIGN AS EFFECTIVE AS TRADITIONAL BRACES?

Yes. When worn according to the recommendations of an experienced Invisalign-trained orthodontist, Invisalign Teen can be as effective as traditional braces for the most common teeth-straightening issues. Invisalign can effectively treat mild to severe cases, including underbite, overbite, overcrowding and gaps between teeth. The chances are very high your teen will be a great candidate for Invisalign. To find out for sure, schedule your Complimentary Caggiano Smile Assessment.

3. WHAT ARE SOME OF THE PRACTICAL ADVANTAGES OF INVISALIGN TEEN OVER TRADITIONAL BRACES?

If you've had braces yourself, you already know the issues associated with metal wires and brackets. With Invisalign, the aligners are removable, so your teen can play sports without the worry of being hit in the mouth by a ball, which can cause real damage in braces. They can also continue playing musical instruments properly, without braces getting in the way. With braces, there is a long list of foods your teen shouldn't eat, from popcorn to apples and raw carrots. With Invisalign, there are no such restrictions. The removable aligners make it easy to brush and floss normally to maintain proper oral hygiene.

4. ARE THERE ANY EMOTIONAL CONCERNS TO CONSIDER?

Research¹ shows that moms underestimate the extent to which teens feel self-conscious about crooked teeth, and using braces as a solution can often make this lack of confidence even worse. But with Invisalign Teen, no one needs to know your teen is straightening their teeth, removing a potential source of real anxiety for them and giving them the confidence to be themselves in front of everyone.



5. WHO IS ELIGIBLE FOR INVISALIGN TEEN?

Invisalign can be used for teens who have erupting or erupted permanent dentition—this includes most teenagers. Dr. Caggiano will evaluate your teen's specific dental issues to determine if he or she is a good candidate for Invisalign.

6. HOW LONG DOES INVISALIGN TEEN TREATMENT TAKE?

The fact is, your teeth don't know what is moving them - braces or invisalign. The average treatment time is about the same as with traditional braces, but the actual length of your teen's treatment depends on the severity of their condition.

7. HOW MUCH DOES INVISALIGN COST?

At Caggiano Orthodontics Invisalign Teen costs the same as traditional braces. Costs for orthodontic treatment can vary with the complexity of treatment. Also, check your dental insurance plan - orthodontic treatment with Invisalign Teen may be covered by many dental insurance policies. At Caggiano Orthodontics we offer flexible and affordable monthly payment plans as well.

8. DOES MY TEEN HAVE TO WEAR INVISALIGN ALL THE TIME?

Invisalign Teen is most effective when worn 22 hours per day and changed every two weeks. Clinical study data show that teens wear their aligners on average for just under 22 hours per day, exactly as recommended². Plus, Invisalign Teen has a built-in assurance check; each aligner has blue indicators that fade over time when used as directed, so Dr. Caggiano can track compliance.

9. WHAT HAPPENS IF AN ALIGNER GETS LOST?

Not to worry—Invisalign Teen offers six replacement aligners for free! In the event that an aligner is lost, you should inform Dr. Caggiano right away.

10. HOW MUCH TIME WILL BE SPENT VISITING CAGGIANO ORTHODONTICS?

Invisalign Teen often requires less time with your orthodontist than traditional braces do. There are no adjustments to make, no broken wires to fix. After the initial appointment, follow-up appointments are usually scheduled for every six to eight weeks.



Dr. Caggiano is proud to be the areas Elite Invisalign Teen provider.

¹Source: Hall & Partners Quant Survey, April 2008

²Source: Effectiveness of a Compliance Indicator for Clear Aligners by Orhan C. Tuncay DMD, S. Jay Bowman DMD, Jonathan L. Nicozisis DMD, Brian D. Amy DDS





Invisalign Teen®

Invisalign Teen

Ceramic Braces

Lingual Braces

Product Description	Custom-made clear aligners that fit closely to the teeth. Replaced every 2 weeks.	Stainless steel brackets and wires attached to the outside of teeth and manually adjusted throughout treatment.	Clear brackets attached to the outside of teeth.	Metal brackets and wires bonded to the back of the teeth.
Range of Cases	As effective as braces for nearly all cases.	Suitable for nearly all cases.	Suitable for nearly all cases.	Suitable for most mild to moderate cases.
Compliance	Average teen compliance is within recommended range of 20 to 22 hours a day.	Braces are fixed to the teeth. Levels of compliance with elastic bands varies.	Braces are fixed to the teeth. Levels of compliance with elastic bands varies.	Braces are fixed to the teeth. Levels of compliance with elastic bands varies.
Oral Hygiene	Brush and floss as usual, making it easier to protect teeth from decay.	Hard to brush and floss. Plaque may build up and cause tooth decay.	Hard to brush and floss. Plaque may build up and cause tooth decay.	Hard to brush and floss. Plaque may build up and cause tooth decay.
Injuries	Low risk of sports injuries and no emergency visits due to broken wires or brackets.	Brackets and wires may break, causing injury. Also, may cause injuries in contact sports.	Brackets and wires may break, causing injury. Also, may cause injuries in contact sports.	Brackets and wires may break, causing injury. Also, may cause injuries in contact sports.
Comfort	May cause temporary, minor discomfort, cheek or gum irritation, and a lisp. Generally less painful than braces.	May irritate the mouth, causing sores and ulcers.	May irritate the mouth, causing sores and ulcers.	May irritate the mouth, causing sores and ulcers. Can affect tongue position and speech.
Confidence	More than twice as many teens say Invisalign® treatment boosted confidence than say this about braces. ²	Nine out of 10 teens say braces keep them from fitting in with their peers. ²	Many teens report teasing and self-consciousness.	Many teens report teasing and self-consciousness.
Visible Results	See results at every stage.	Results less visible until braces are removed.	Results less visible until braces are removed.	Results less visible until braces are removed.
Aesthetics	Virtually invisible.	Highly visible.	Less visible than traditional braces.	Virtually invisible.
Removable	Easily removable for eating and special occasions.	Not removable.	Not removable.	Not removable.
Lifestyle	No restrictions on eating, drinking, sports, or activities. Short, noninvasive visits every 6 to 8 weeks.	Restrictions on foods, drinks, and sports. Braces take longer to fit than Invisalign clear aligners and are usually tightened every 8 weeks.	Restrictions on foods, drinks, and sports. Braces take longer to fit than Invisalign clear aligners and are usually tightened every 8 weeks.	Restrictions on foods, drinks, and sports. Braces take longer to fit than Invisalign clear aligners and are usually tightened every 8 weeks.
Cost	The cost of Invisalign treatment is similar to that of braces. As with other medical treatments, only your doctor can determine the cost of orthodontic treatment. Ask your doctor how low your payments can be.			

1 When compared with clear aligners that are made of off-the-shelf, single layer 0.30in material. Data on file at Align Technology.

2 Data on file at Align Technology.



BRILLIANT TECHNOLOGY FOR BRILLIANT SMILES

The Most Advanced Clear Aligner System

- SmartTrack® material allows for 75% more predictable tooth movement.¹
- SmartForce® attachments make it possible to treat more complex cases.
- Blue compliance indicator dot fades over time with proper wear to ensure teens wear aligners long enough to be effective.
- Invisalign Teen treatment includes six free replacement aligners.



Invisalign clear aligners vs. other clear aligners

Invisalign clear aligners

Most other clear aligners

SmartTrack material for better comfort and fit



SmartForce attachments to apply the right force in the right places and move teeth more efficiently



Trimmed based on each patient's gum line to look better



Gentler, more precise force to give patients the results they expect



17 years of research and more than 700 patents supporting an ongoing commitment to innovation and improvement

